

Indulge in a rejuvenating three-night women's retreat, created as a sacred space to unwind from the hustle and bustle of the year-end and fully embrace deep relaxation. This is a gentle invitation to pause, reflect, and reconnect—carving out time for introspection as you honor the past year and open to the untamed possibilities that lie ahead.

>>> The Offer <<<

Daily morning Vinyasa flow, Pranayama, Meditation session and Yin Yoga | Breathwork | Inner Dance | Journaling exercises for reflection, contemplation and envision | Authentic relating and group exchange | Two nourishing vegetarian /vegan meals a day | Luxurious rooms | Fire ceremony | Saunas | Evening chanting & Kirtan.



>>> About The Place <<<

Just 90 minutes from Geneva and perched at 1,050 meters, this charming alpine village offers breathtaking views of the Dents-du-Midi and a timeless atmosphere with its traditional chalets and cozy restaurants. Surrounded by golden forests and majestic peaks, it's the perfect place to immerse in the stillness and beauty of autumn.



Thursday, **November 20th** to **November 23th** Sunday
 start at 15.00 finish at 12.00

From 1299 CHF

Registration

Info &



CHANDRIKA
 BREATHWORK, VOICE ACTIVATION
 MANTRA SINGER

www.space4alchemy.com/



SIVANI
 FACILITATOR, YOGA TEACHER
 MANTRA SINGER

www.sivandagan.com



RUTH
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MELT *into* FALL

end of the year retreat

VALLAIS, NOVEMBER 2025

*FOR WOMEN ONLY

SHIVANI^Y
KALI^G_A